GARMENT WITH ENERGY DISSIPATING CONFORMABLE PADDING

ABSTRACT OF THE DISCLOSURE

A garment has a piece of clothing with at least one pad of conformable, energy dissipating media. The pad is positioned at a location on the clothing of the wearer to dissipate the energy resulting from a sudden impact at that location. The pad may be retained against the garment by a connector attached to the surface of the clothing or may be secured within a pocket on the garment. Additionally, the pad may be used in conjunction with hard shell padding.